



HEALTH HISTORY QUESTIONNAIRE

Today's Date _____ / _____ / _____

Patient's Name (Last, First, Middle Initial)

Male **Female** / /

Gender (Circle One)

Birth date

Age

Emergency Contact

() / /

Home Phone #

() / /

Cell Phone #

REASON FOR YOUR VISIT

CURRENT MEDICAL PROBLEMS

What current medical problems do you want the doctor and nurse practitioner to address:

PHARMACY AND TESTING INFORMATION

Preferred Pharmacy (store address and phone number)

Preferred Laboratory (address and fax number)

Preferred Imaging (address and phone number)



CONSULTANTS

Include all Doctors, Dentist and Ophthalmologist.

First Name	Last Name	Specialty	City and State	Phone	Fax
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

If there are any previous consultants that you no longer see, but you would like us to obtain their records, please list them here.

_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

IMMUNIZATIONS

Have you been immunized against the following? If yes, please indicate the year in which it was given.

	Yes	No	Unknown	Year	MD/Provider use only
Measles	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Mumps	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Rubella	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Polio	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Pneumonia (at age 65 unless at high risk)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Hepatitis A	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Hepatitis B	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Influenza (every Fall)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Tetanus/Diphtheria /Pertussis (every ten years)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Shingles (at age 50)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Travel	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____
Other	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____

FAMILY HISTORY

	Living?	Current Age	Deceased?	Age at Death	Cause(s) of Death?
Father	<input type="checkbox"/> Yes	_____	<input type="checkbox"/> Yes	_____	_____
Mother	<input type="checkbox"/> Yes	_____	<input type="checkbox"/> Yes	_____	_____
Brother	<input type="checkbox"/> Yes	_____	<input type="checkbox"/> Yes	_____	_____
Sister	<input type="checkbox"/> Yes	_____	<input type="checkbox"/> Yes	_____	_____
Brother	<input type="checkbox"/> Yes	_____	<input type="checkbox"/> Yes	_____	_____
Child (M or F)	<input type="checkbox"/> Yes	_____	<input type="checkbox"/> Yes	_____	_____
Child (M or F)	<input type="checkbox"/> Yes	_____	<input type="checkbox"/> Yes	_____	_____
Child (M or F)	<input type="checkbox"/> Yes	_____	<input type="checkbox"/> Yes	_____	_____
Child (M or F)	<input type="checkbox"/> Yes	_____	<input type="checkbox"/> Yes	_____	_____
Child (M or F)	<input type="checkbox"/> Yes	_____	<input type="checkbox"/> Yes	_____	_____

Have any of the following illnesses occurred in your blood relatives (grandparents, parents, brothers, sisters, or children)?

Yes	No		Which Relative(s)
<input type="checkbox"/>	<input type="checkbox"/>	Cancer, <i>if Yes type of Cancer</i> _____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Stroke	_____
<input type="checkbox"/>	<input type="checkbox"/>	High Blood Pressure	_____
<input type="checkbox"/>	<input type="checkbox"/>	Heart disease, <i>if Yes age at onset</i> _____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Liver disease	_____
<input type="checkbox"/>	<input type="checkbox"/>	Stomach/Bowel Disease	_____
<input type="checkbox"/>	<input type="checkbox"/>	Kidney Disease	_____
<input type="checkbox"/>	<input type="checkbox"/>	Diabetes	_____
<input type="checkbox"/>	<input type="checkbox"/>	High Cholesterol	_____
<input type="checkbox"/>	<input type="checkbox"/>	Lung Disease	_____
<input type="checkbox"/>	<input type="checkbox"/>	Joint Disease/Arthritis	_____
<input type="checkbox"/>	<input type="checkbox"/>	Alcohol/drug abuse	_____
<input type="checkbox"/>	<input type="checkbox"/>	Genetic Disease	_____
<input type="checkbox"/>	<input type="checkbox"/>	Anxiety/Depression/Psychiatric	_____
<input type="checkbox"/>	<input type="checkbox"/>	Sudden Death	_____
<input type="checkbox"/>	<input type="checkbox"/>	Other	_____

SOCIAL HISTORY

Smoking status:

Never Former smoker Current every day smoker Current some day smoker

Smoking how much:

None 1PPW 2PPW ¼ PPD ½ PPD 1PPD 1 ½ PPD 2 PPD 3+ PPD

Tobacco years of use: _____

When did you quit smoking? _____

Other form of tobacco:

chewing tobacco/snuff patch gum lozenge e-cigarette/ vape cigar hooka

Any illicit drug use? Yes No

Type: _____

Current Occupation: _____

Education level:

Less than 8th grade 8th grade 9th grade 10th grade 11th grade 12th grade
 2 year college 4 year college Post Graduate

Marital status:

Single Married Divorced Separated Unknown

Exercise level:

None Occasional Moderate Heavy

Diet:

Regular Vegetarian Vegan Gluten free Specific: _____
 Carbohydrate Cardiac Diabetic

General stress level:

Low Medium High

Alcohol Intake:

None Occasional Moderate Heavy

Caffeine intake:

None Occasional Moderate Heavy

Guns present in the home?

Yes No

Seat belts used routinely?

Yes No

Sunscreen used routinely?

Yes No

Smoke alarm in home?

Yes No

Do you have an advance Directive?

Yes No

Do you have a medical power of attorney?

Yes No

Do you preform monthly self-breast exams?

Yes No

Have you ever been diagnosed legally blind?

Yes No

Have you ever been diagnosed legally deaf?

Yes No

EXERCISE HISTORY

Are you currently involved in a regular exercise program?

Yes No

If yes, how long? _____

Do you participate in regular daily activities such as yard work, house work, cleaning, walking pets, etc.? Yes No

If yes, what type and how often? _____

What type of cardiovascular exercise do you perform (walk, run, swim, bike, elliptical, etc.) ? _____

How often (days/week)? _____ How long (minutes)? _____

How hard? Fairly Light Light Somewhat Hard Hard

What type of strength training/weight lifting exercises do you perform (dumbbells, free weights, weight machines, etc.) ? _____

How often (days/week)? _____ How long (minutes)? _____

How hard? Fairly light Light Somewhat hard Hard

What type of flexibility exercises do you perform (stretching, yoga, Pilates, etc.) ? _____

How often (days/week)? _____ How long (minutes)? _____

How hard? Fairly light Light Somewhat hard Hard

PAST SURGICAL HISTORY

Have you ever had surgery? Yes No If Yes, please list the surgery and the year in which you had the surgery.

Surgery	_____	Year	_____
Surgery	_____	Year	_____
Surgery	_____	Year	_____
Surgery	_____	Year	_____
Surgery	_____	Year	_____
Surgery	_____	Year	_____
Surgery	_____	Year	_____

HOSPITALIZATION

Reason	_____	Date	_____
Reason	_____	Date	_____
Reason	_____	Date	_____
Reason	_____	Date	_____

ER VISITS

Reason	_____	Date	_____
Reason	_____	Date	_____
Reason	_____	Date	_____
Reason	_____	Date	_____

FEMALE PATIENTS ONLY

GYNECOLOGICAL HISTORY

Age at menopause? _____

When was your last menstrual cycle? _____ / _____ / _____
Frequency of Cycle _____
Menses Monthly _____ Yes or No _____
Duration of Flow Days _____
Flow: Light Moderate Heavy

When was your last screening mammogram? _____ / _____ / _____

When was your last pap smear and pelvic exam? _____ / _____ / _____

When was your last bone density? _____ / _____ / _____

Are you on HRT (Hormone Replacement Therapy)? _____ Yes or No _____

Have you had HPV (Human Papillomavirus)? _____ Yes or No _____

OBSTETRIC HISTORY

Total number of pregnancies _____
Full Term _____ Premature _____

Abortions (Induced) _____

Miscarriages (abortions spontaneous) _____

Ectopic pregnancies _____

Multiple Births _____

Living Children _____

PREVENTIVE HEALTH

When was your last Eye examination? _____ / _____ / _____

When was your last Dental examination? _____ / _____ / _____

When was your last Screening Colonoscopy? _____ / _____ / _____

When was your last Screening Dermatology exam? _____ / _____ / _____

When was your last Exercise Stress Test? _____ / _____ / _____

When was your last Abdominal Aorta Ultrasound? _____ / _____ / _____

MALE PATIENTS ONLY

PROSTATE HISTORY

When was your last prostate exam? _____ / _____ / _____

When was your last PSA (lab work to check for possible prostate cancer)? _____ / _____ / _____

PREVENTIVE HEALTH

When was your last Eye examination? _____ / _____ / _____

When was your last Dental examination? _____ / _____ / _____

When was your last Screening Colonoscopy? _____ / _____ / _____

When was your last Screening Dermatology exam? _____ / _____ / _____

When was your last Exercise Stress Test? _____ / _____ / _____

When was your last Abdominal Aorta Ultrasound? _____ / _____ / _____

INSTRUCTIONS: Please check boxes in front of conditions associated with your personal medical history

PAST MEDICAL HISTORY	
Conditions	Conditions
Head, Ears, Eyes, Nose, Throat	<input type="checkbox"/> Anxiety
<input type="checkbox"/> Allergies	<input type="checkbox"/> Depression
<input type="checkbox"/> Glaucoma	<input type="checkbox"/> Illicit Drug Use
<input type="checkbox"/> Cataracts	<input type="checkbox"/> Psychiatric Illness
<input type="checkbox"/> Glasses/Contacts	<input type="checkbox"/> Other Psychiatric Issue
<input type="checkbox"/> Hay Fever	Respiratory
<input type="checkbox"/> Hearing Loss	<input type="checkbox"/> Asthma
<input type="checkbox"/> Hearing Problems	<input type="checkbox"/> COPD
<input type="checkbox"/> Vision or Eye Problems	<input type="checkbox"/> Emphysema
Cardiovascular	<input type="checkbox"/> Lung Disease
<input type="checkbox"/> Aneurysm	<input type="checkbox"/> Pulmonary Embolism
<input type="checkbox"/> Aortic Aneurysm	<input type="checkbox"/> Tobacco Abuse
<input type="checkbox"/> Arrhythmia	<input type="checkbox"/> Tuberculosis
<input type="checkbox"/> Atrial Fibrillation	<input type="checkbox"/> Other Respiratory Issue
<input type="checkbox"/> Cardiomyopathy	Gastrointestinal
<input type="checkbox"/> Carotid Disease	<input type="checkbox"/> Acid Reflux/GERD
<input type="checkbox"/> Stroke	<input type="checkbox"/> Constipation
<input type="checkbox"/> Congestive Heart Failure	<input type="checkbox"/> Diarrhea
<input type="checkbox"/> Coronary Artery Disease	<input type="checkbox"/> Diverticulitis
<input type="checkbox"/> Deep Vein Thrombosis	<input type="checkbox"/> Diverticulosis
<input type="checkbox"/> Heart Arrhythmia	<input type="checkbox"/> Gastrointestinal Disease
<input type="checkbox"/> Heart Attack (MI)	<input type="checkbox"/> Hepatitis
<input type="checkbox"/> Heart Disease	<input type="checkbox"/> Hernia
<input type="checkbox"/> Heart Murmur	<input type="checkbox"/> Hiatal Hernia
<input type="checkbox"/> Heart Problems	<input type="checkbox"/> Liver Disease
<input type="checkbox"/> High Blood Pressure	<input type="checkbox"/> Ulcers
<input type="checkbox"/> High Cholesterol	<input type="checkbox"/> Other Gastrointestinal Issue
<input type="checkbox"/> Hyperlipidemia	Endocrine
<input type="checkbox"/> Leg or Foot Ulcers	<input type="checkbox"/> Diabetes Mellitus
<input type="checkbox"/> Obesity	<input type="checkbox"/> Hyperthyroidism
<input type="checkbox"/> Pacemaker	<input type="checkbox"/> Hypothyroidism
<input type="checkbox"/> Peripheral Arterial Disease	<input type="checkbox"/> Thyroid Disease
<input type="checkbox"/> Other Cardiovascular Disease	<input type="checkbox"/> Other Endocrine Issue
Genitourinary	Musculoskeletal
<input type="checkbox"/> Bladder Problems	<input type="checkbox"/> Arthritis
<input type="checkbox"/> Dialysis	<input type="checkbox"/> Back Pain
<input type="checkbox"/> Endometriosis – FEMALE ONLY	<input type="checkbox"/> Back Problems
<input type="checkbox"/> Genitourinary Disease	<input type="checkbox"/> Chronic Pain
<input type="checkbox"/> Infertility	<input type="checkbox"/> Musculoskeletal Disease
<input type="checkbox"/> Kidney Disease	<input type="checkbox"/> Osteoporosis
<input type="checkbox"/> Kidney Stones	<input type="checkbox"/> Other Musculoskeletal Issue
<input type="checkbox"/> Enlarged Prostate – MALE ONLY	Neurological
<input type="checkbox"/> Urinary Tract Infections	<input type="checkbox"/> Epilepsy
<input type="checkbox"/> Other Genitourinary Issue	<input type="checkbox"/> Head Trauma
Psychiatric	<input type="checkbox"/> Headaches
<input type="checkbox"/> Addiction	<input type="checkbox"/> Migraines
<input type="checkbox"/> Alcohol Abuse	<input type="checkbox"/> Multiple Sclerosis
<input type="checkbox"/> Anxiety	<input type="checkbox"/> Neck Injury

<input type="checkbox"/> Neurologic Disease		Pediatric
<input type="checkbox"/> Seizures		<input type="checkbox"/> ADD or ADHD
<input type="checkbox"/> Stroke		<input type="checkbox"/> Bedwetting
<input type="checkbox"/> Other Neurologic Issue		<input type="checkbox"/> Birth Defects or Inherited Disease
Hematology/ Cancer		<input type="checkbox"/> Chicken Pox
<input type="checkbox"/> Anemia		<input type="checkbox"/> Congenital Anomalies
<input type="checkbox"/> Bleeding Disorder		<input type="checkbox"/> Congenital Heart Disease
<input type="checkbox"/> Blood Clots		<input type="checkbox"/> Developmental Delay
<input type="checkbox"/> Blood Diseases		<input type="checkbox"/> Developmental or Behavioral Disorder
<input type="checkbox"/> Breast Cancer		<input type="checkbox"/> Hospital Admission Other Than Birth
<input type="checkbox"/> Cancer		<input type="checkbox"/> Speech Delay
<input type="checkbox"/> Colonoscopy		<input type="checkbox"/> Other Pediatric Issue
<input type="checkbox"/> Ovarian Cancer		Other
Skin		<input type="checkbox"/> Anesthesia Complications
<input type="checkbox"/> Eczema		<input type="checkbox"/> Breast Problems
<input type="checkbox"/> Hives		<input type="checkbox"/> Infectious Disease
<input type="checkbox"/> Skin Conditions		<input type="checkbox"/> Organ Transplant
<input type="checkbox"/> Other Skin Disorder Issue		<input type="checkbox"/> Irritable Bowel Syndrome
Rheumatologic		<input type="checkbox"/> Serious Illness or Injuries
<input type="checkbox"/> Fibromyalgia		Abnormal Laboratory
<input type="checkbox"/> Gout		<input type="checkbox"/> High Cholesterol
<input type="checkbox"/> Immune System Disorder		<input type="checkbox"/> Elevated Fasting Blood Sugar
<input type="checkbox"/> Lupus		<input type="checkbox"/> Abnormal Liver Function Tests
<input type="checkbox"/> Osteoarthritis		<input type="checkbox"/> Low Blood Count
<input type="checkbox"/> Rheumatoid Arthritis		Blood Disorders
Sexually Transmitted Diseases		<input type="checkbox"/> Anemia
<input type="checkbox"/> HIV or AIDS		<input type="checkbox"/> Blood Transfusions
<input type="checkbox"/> Other STD Issue		
Sleep		
<input type="checkbox"/> Sleep Apnea		
<input type="checkbox"/> Sleep Disorder		
<input type="checkbox"/> Other Sleep Issue		